

"When we firmly decide "I can do it!" we can break through the walls of self-imposed limitations"

Daisaku Ikeda



LONG TERM DREAMS - SHORT TERM GOALS

DREAMS

&

GOALS

Imagine your exciting life in 10 or even 20 years from now. Imagine almost anything is possible. Write down everything you'd like to happen. Don't hold back!

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Based on your dream or vision choose some good things to try in the near future

GOAL 1:

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Action Steps:

1. ☐
2. ☐
3. ☐
4. ☐
5. ☐
6. ☐

GOAL 2:

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Action Steps:

1. ☐
2. ☐
3. ☐
4. ☐
5. ☐
6. ☐

GOAL 3:

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Action Steps:

1. ☐
2. ☐
3. ☐
4. ☐
5. ☐
6. ☐